Making Budget Decisions

CREATING A BUDGET

Choose a job you would like to have. Estimate that job's monthly income and the essential monthly expenses (e.g., rent, food). Subtract the essential expenses from the monthly income to obtain the remaining money available (called discretionary income) to spend on personal choices (e.g., concert, savings account).



JOB TITLE	ESTIMATE
	Income per month
MONTHLY EXPENSES	COST PER MONTH
Housing	
Utility Bills	·
Phone	
Transportation	
Groceries	
Others:	

DISCRETIONARY INCOME

Life Skills Practice