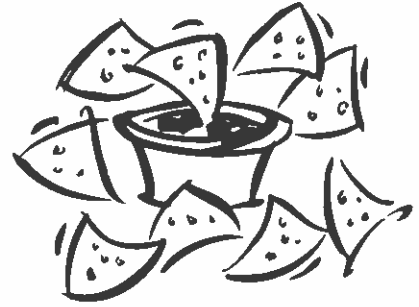


# Eating on a Budget

## EATING AT HOME

Each row below includes five foods or drinks that can be prepared at home. In each row, circle the choice you think is least expensive per serving. Put a box around the most expensive food in each row.



## EXPENSE SELECTION BOX

chips and salsa	barbecued buffalo wings	cheese and crackers	frozen egg rolls	fresh vegetables
raw carrots	corn on-the-cob	frozen peas	head of lettuce and salad dressing	broccoli and cheese casserole
hamburger	pork chops	salmon	sliced turkey	roast beef
lemonade mix	name-brand soda	iced tea mix	ice water	off-brand soda
name-brand cookies	gelatin	toaster pastries	cheesecake	apple pie
box of spaghetti and jar of sauce	boxed noodle dinner with spices	frozen potato and ham entree	homemade tacos	homemade lasagna
watermelon	fresh pineapple	fresh strawberries	fresh pears	fresh apples
bagel and cream cheese	eggs with toast and hash browns	pancakes with syrup and butter	cold cereal with milk	homemade cinnamon roll
off-brand bulk ice cream	ice cream sandwiches	popsicles	name-brand frozen candy bars	name-brand bulk ice cream
generic white bread	name-brand multi-grain bread	name-brand white bread	bread maker mix	frozen bread dough
cheese pizza	supreme pizza	meatball sandwich	fettuccine alfredo	pizza bread
bologna sandwich	left-over turkey sandwich	peanut butter and jelly sandwich	bacon, lettuce, tomato sandwich	left-over meat loaf sandwich