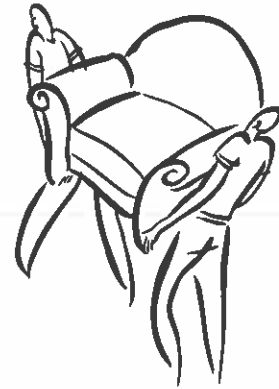


# Giving and Accepting Help



## KNOWING WHERE TO TURN FOR HELP

There are times in all of our lives when we need help. Knowing where to turn for help makes these difficult times easier. Read the situations below and write the names of three people who might help you.

### MOVING FURNITURE

You are moving into a new apartment. The boxes are light and easy to move, but the large pieces of furniture are heavy. List three people who would be able and willing to help you move.

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_____
_____

### MONEY

You need to borrow \$50 to buy a new tire for your car. In one month you can pay the money back. List three people who might be both able and willing to lend you the money.

_____
_____
_____

### EMERGENCY

You cut your hand when making dinner and need medical help. List three people who live close and would be willing to stop what they are doing to help you.

_____
_____
_____

### BABY-SITTER

You have a small child. Hiring a baby-sitter costs too much money, but you really want to go to a friend's party. List three people you could call for help.

_____
_____
_____

### TRANSPORTATION

Your driver's license has been suspended due to having too many traffic tickets. List three people who would be willing to drive you to places like the grocery store and work.

_____
_____
_____

### SINGING AT A WEDDING

You are going to be in a friend's wedding. The bride has asked you to sing her favorite song. You need to find a piano player who will play for free. List three people who might help you.

_____
_____
_____

# Giving and Accepting Help

## HELPING OTHER PEOPLE

**H**elping people means giving assistance to others. Read the four stories below and write what you would do to help in each situation.



**Y**our best friend wants to lose weight. When feeling stressed, she goes to the grocery store and buys junk food. Your friend has asked you to please help her eat healthier foods. What can you do to help?

**A** woman you work with has learned that her husband is dying. She is spending all her time at the hospital. The couple has three children in elementary school. You can't afford to take time off from work. What can you do to help?

**A** community club you belong to is painting houses for the elderly. You really want to help with the project. However, you sunburn very easily and the group usually paints on sunny days. What can you do to help?

**Y**our 80-year-old neighbor is feeling very lonely. Her husband died this year and she rarely has any visitors. You are busy working two jobs and spending time with your family. What can you do to help?