Section 4—Getting Organized Having What You Need

KEEPING BACK-UP SUPPLIES

Sort the common household "Supplies" (e.g., food items, cleaning tools, paper goods, grooming items) on the left into the three boxes on the right. Use comfort, expense, how often the item is used, and need as guidelines.



SUPPLIES

all purpose cleaner	homemade bread
aluminum foil	ice cream
blank video cassettes	iron
box of facial tissue	laundry detergent
box of staples	markers
bread	milk
broom	paper napkins
camera	paper towels
computer	popsicles
computer paper	printer ribbon (computer)
contact lenses (disposable)	shampoo
dental floss	six-pack of soft drinks
deodorant	sugar
fabric softener	toilet bowl cleaner
film	toilet paper
flour	toothpaste
garbage bags	vacuum bags
glass cleaner	watch battery
headache medicine	waxed paper

BUY AS NEEDED—KEEP NO EXTRA

KEEP AT LEAST ONE EXTRA

KEEP TWO OR MORE EXTRA

Life Skills Practice

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