

Making Budget Decisions

HELPING OTHERS WITH THEIR BUDGETS

Eileen is having budget problems. She spends more than she makes. Read through “Eileen’s Week.” Make some suggestions about ways to increase income and ways to decrease expenses.



EILEEN’S WEEK

On Fridays, Eileen and Greg usually shop for a while. Then they eat in a quiet restaurant and see a movie.

Eileen baby-sits four days per week for five hours each day. She doesn’t work on Fridays because her boyfriend, Greg, has the day off.

Each Thursday night, Eileen buys a new outfit to impress Greg on Friday.

Victoria, the woman Eileen baby-sits for, works 80 hours each week. Victoria is so busy that she never has time to clean house or do laundry.

Greg is his own boss. His work can be handled by one person. However, he needs office help for a few hours each week. A help-wanted ad will run in the paper next week.

Eileen loves her acrylic fingernails. She pays to have her nails repaired twice a month. Her hands look beautiful, but the fingernails are often in the way.

When she is baby-sitting, Eileen sometimes takes the children to her apartment. Many times they end up eating lunch there.

WAYS TO INCREASE INCOME

WAYS TO DECREASE EXPENSES