

Name

Date

Team Building

Team building is something that takes practice and hard work. To practice team-building skills, put together a puzzle with one or more people. Start with a 30-piece puzzle. Next, discuss the team-building exercise. Then, consider working with your team to put together a 100-piece puzzle. Putting puzzles together can be fun, but the goal of the exercise is to build the best team possible. Don't forget to analyze your contributions and your team members' contributions and to then discuss your thoughts with your team.

After putting together a puzzle with your team, answer the following questions and discuss your answers:

1. Describe two ways your group worked as a team.

2. What did you like best about completing this activity?

3. What was the most difficult thing about completing this activity?

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4. Did someone take the role of the leader? How did that happen?

5. Did everyone do his or her fair share? If not, how did you respond?

6. Was everyone included in the activity? If not, why not?

7. Did anyone say anything that hurt the team-building process?
If so, what?

8. What could be done to improve how your team works together?

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9. How could you use an "I" statement to point out something you would like to change about your team?

10. How could your team improve its performance?

11. What did you learn from this activity?

12. How would you rate your team's performance on a scale of 1 to 10, with 10 being the best score? Why?

13. If your team was asked to repeat this activity with a 500-piece puzzle, what suggestions would you make to the group?
