

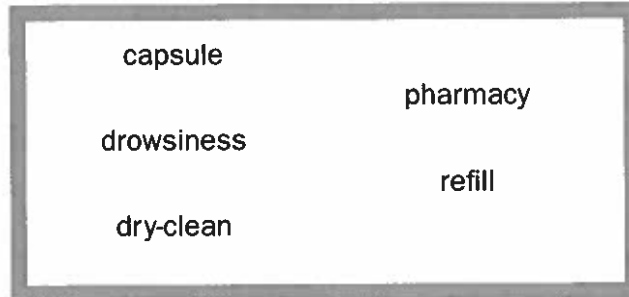
Name: _____ Date: _____



Labels

Unit Assessment

Directions Use the words in the word bank to complete the sentences.



1. A side effect of the medicine was that it caused _____.
2. I went to pick up my medicine at the _____.
3. The doctor told me to take one _____ every four hours.
4. When all my medicine is gone, I will have to get a _____.
5. The label on my jacket said "_____ only."

Directions Match each abbreviation to its meaning. Write the letter in the blank.

- | | |
|-------------------|-----------------|
| _____ 6. DV | A. daily value |
| _____ 7. exp. | B. quantity |
| _____ 8. g | C. net weight |
| _____ 9. L | D. large |
| _____ 10. ml | E. expires |
| _____ 11. net wt. | F. ounce |
| _____ 12. oz. | G. prescription |
| _____ 13. qty. | H. small |
| _____ 14. RX | I. milliliter |
| _____ 15. S | J. gram |



Unit Assessment continued

Directions Read the label below. Then, answer the questions.

FRESH HARVEST

Whole Kernel Corn

Nutrition Facts	
Serving Size 1/3 cup	
Servings per container 4	
Amount Per Serving	
Calories 60	Calories From Fat 10
	%Daily Value*
Total Fat 1 g	2%
Cholesterol 0 mg	0%
Sodium 290 mg	12%
Total Carbohydrate 11 g	4%
Dietary Fiber 2 g	7%
Sugars 3 g	
Vitamin A 0%	Vitamin C 5%
Calcium 0%	Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Corn, Water, Sugar, and Salt
Net Wt. 11 oz. (311 g)

Stovetop:
Empty contents into a small saucepan. Bring to a boil. Remove from heat. Drain, if desired. Season to taste.

Microwave:
Empty into microwave-safe dish. Cover. Microwave on high 2-3 minutes. Drain, if desired. Season to taste.

16. How much does this can of corn weigh? _____
17. What are two ways you could prepare this corn? _____
18. How much sodium is in one serving of this corn? _____
19. How many calories are in one serving of this corn? _____
20. What percent of the daily value of carbohydrates is in one serving of this corn? _____
21. What two things does the label say to do after cooking the corn in the microwave or removing the corn from the stovetop? _____