

Name: _____ Date: _____



Instructions

Reading Instructions for Cooking a Frozen Dinner

Directions Read the instructions below. Then, answer the questions.

Microwave:

- Remove tray from box.
- Cut 3 slits in tray's plastic covering.
- Cook on high 8–10 minutes (cooking times may vary).
- After cooking, let stand in microwave 1–2 minutes.
- Carefully remove covering from tray, and stir.

Conventional Oven:

- Preheat oven to 350°F.
- Remove tray from box.
- Remove tray's plastic covering.
- Place tray on baking sheet on center rack in oven.
- Cook 32–35 minutes.
- Carefully remove baking sheet from oven.
- Let stand 1–2 minutes, and then stir.

1. How long does it take to cook this dinner in a microwave? _____
2. What temperature should you preheat the oven to if you are going to cook this dinner in an oven? _____
3. After cooking this dinner, how long should you let it "stand" in the microwave? _____
4. What should you do after removing the tray from the box if you are going to cook this dinner in the microwave? _____
5. What should you place the frozen dinner on before placing it in a conventional oven? _____

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Instructions

Reading Instructions for Cooking a Frozen Dinner continued

6. Read the instructions in the box below. Decide if each sentence describes how to cook the frozen dinner in a microwave, in a conventional oven, or both. Then, complete the Venn diagram. Write the instructions in the correct circle. If the instructions apply to both ways of cooking the frozen dinner, write them in the space where the circles overlap.

Remove tray from box.
Cook on high 8–10 minutes.
Let stand 1–2 minutes.

Cut 3 slits in tray's plastic covering.
Cook 32–35 minutes.
Place tray on baking sheet.

Microwave

**Conventional
Oven**

