

Name

Date

Personality

Your personality is the characteristics and behaviors that make you unique. Personality traits are the words others would use to describe you. Your personality will influence the types of things you like to do and, ultimately, your career choice. If you match your personality with a career, you are more likely to be successful. Your personality will also affect the types of relationships you have with your family, friends, teachers, coworkers, and supervisors.

There are no right or wrong personality traits. They are simply words that can be used to describe you. Examine the following list of personality traits, and circle the traits that match your personality. Since the way you think of yourself may not match how others would describe you, give your list to at least one other person and see if he or she agrees with you.

Personality Traits

Friendly	Kind	Diplomatic
Cooperative	Tactful	Influential
Stubborn	Agreeable	Reliable
Gracious	Overachieving	Easygoing
Shy	Outgoing	Talkative
Emotional	Consistent	Persistent
Flexible	Assertive	Helpful
Selfish	Generous	Intelligent
Thoughtful	Expressive	Honest
Ambitious	Critical	Nervous
Polite	Conscientious	Anxious
Tolerant	Unreliable	Dependable
Quiet	Independent	Social
Sad	Humorous	Happy
Boring	Confident	Loyal
Energetic	Strong-Willed	Impulsive