

Name \_\_\_\_\_

Date \_\_\_\_\_

## Lifestyle

Your lifestyle is basically the way you live and how you spend your time and money. It is a reflection of your attitudes and beliefs. The type of job you have often affects your lifestyle. Therefore, when you are considering certain jobs you need to consider how they match your lifestyle preferences (things you like). As you reflect on your preferences, circle your choices and fill in the blanks.

Where do you want to live? (circle one)

- Large City
- Medium City
- Small Town
- Suburb
- Country (rural)

Where would you like to work? (circle one or more)

- Indoors
- Outdoors
- Factory
- Office
- School
- Day Care
- Mall
- Different Locations (traveling)
- Hospital/Nursing Home
- Retail Store
- Restaurant
- Home
- Warehouse
- Other \_\_\_\_\_
- Other \_\_\_\_\_

Would you be willing to move or commute for your job? (circle two)

- Would Move
- Would Not Move
- Would Commute
- Would Not Commute

*continued on next page*

Name .....

Date

**What types of financial rewards do you want?**

How much would you like to earn? \$ \_\_\_\_\_

How much do you expect to get paid? \$ \_\_\_\_\_

What types of benefits do you expect?

\_\_\_\_\_

Do you want your income to be salary, commission, or hourly pay?

\_\_\_\_\_

Are you willing to work overtime or only regular hours?

\_\_\_\_\_

Are you willing to start a job with low pay if you are promised a steady increase in income?

\_\_\_\_\_

**Which rewards are important to you? (circle one or more)**

- Money/Benefits
- Promotions
- Appreciation/Recognition
- Personal Satisfaction

**What types of recreational activities do you like?**

What are your hobbies?

\_\_\_\_\_

How do you relax?

\_\_\_\_\_

Do you prefer group or individual activities?

\_\_\_\_\_

*continued on next page*

Name .....

Date

**What type of family do you want?**

Do you plan on being married or single? \_\_\_\_\_

Do you plan on being a one-income or two-income household? \_\_\_\_\_

Do you want to have children? If so, how many? \_\_\_\_\_

What are your child care options? \_\_\_\_\_

How much money do you think you will spend on a monthly basis for child care?

\$ \_\_\_\_\_

**What type of work environment do you prefer? (circle one or more)**

- A Structured Workplace
- A Competitive Workplace
- Working With Others
- Working With the Elderly
- Working With Plants
- Working With Animals
- Working With Numbers and Facts
- Working Alone
- Working With a Variety of People
- Working as Part of a Team
- Working With Adults
- Working With Children
- Working With Computers
- Working With Machines and Tools

**When do you want to work? (circle one or more)**

- Traditional Hours (8–5)
- First Shift – Days
- Second Shift – Evenings
- Third Shift – Nights
- Flexible Hours
- Weekends
- Holidays